**SAMPE PAPER HELPERENGLISH**

**Complete the sentences by choosing the most appropriate option, from the given choices (A to D) below each.**

1. **Picasso \_\_\_\_\_\_\_\_ one of the greatest artists of the 20th century.**
2. **considered**
3. **considered to be**
4. **is considered to be**
5. **is consideration**
6. **\_\_\_\_\_\_\_ annoys me most about the city are the rude manners of so many strangers you encounter on the street.**
7. **Where**
8. **Why**
9. **When**
10. **What**

**Choose the option or phrase that is most nearly opposite in meaning to the word in capital letters.**

1. **LAUGH:**
2. **happy**
3. **comment**
4. **weep**
5. **giggle**

**Choose the word most similar in meaning to the capitalized ones.**

1. **ENERGY:**
2. **flatness**
3. **clearness**
4. **hesitation**
5. **vigor**

**Read the passage to answer questions 5-7**

**A handful of almonds may be your ticket to health. Investigators found that munching on 3.5 ounces of almonds a day reduced LDL cholesterol by 10 to 15 percent. In a University study, vegetarians who ate nuts at least five times a week cut their risk of a heart attack by 50 percent.**

**Almonds are low in saturated fat and high in unsaturated fats that can lower cholesterol. Compared with other snack foods like potato chips, pretzels and peanuts, almonds are rich in vitamin E and in the amino acid arginine. Arginine relaxes blood vessels and inhibits the proliferation of cells in blood vessel walls-steps important in blocking heart disease. Almonds also contain high amounts of magnesium and copper two minerals that make the blood vessels less prone to plaque attack.**

1. **What does the passage mainly discuss?**
2. **A study of vegetarians who ate nuts**
3. **The nutritional benefits of almonds**
4. **Steps in blocking heart disease**
5. **The importance of reducing cholesterol**
6. **The types of foods available in market**
7. **Which of the following statements does the passage support?**
8. **Eating almonds can reduce the risk of heart disease.**
9. **Vegetarians have a lower risk of heart attack than meat eaters.**
10. **Most snack foods contain saturated fat.**
11. **Almonds are a high-energy, low-calorie snack food.**
12. **Almonds are low in unsaturated fat and high in saturated fats.**
13. **The passage is:**
14. **informative**
15. **meaningless**
16. **moralistic**
17. **subjective**
18. **imaginative**

**MATH**

1. **If a : b : c = 2 : 3 : 4, then  is equal to:**
2. **4 : 3 : 2**
3. ****
4. ****
5. **3 : 4 : 6**
6. **2 : 3 : 7**
7. **A triangle has \_\_\_\_\_\_ sides and \_\_\_\_ angles.**
8. **2 … 3**
9. **3 … 2**
10. **2 … 2**
11. **3 … 3**
12. **4 … 4**
13. **4% of ? = 45**
14. **108**
15. **1.08**
16. **216**
17. **10.8**
18. **1,080**

**IQ**

1. **In a “class” of 55 children, boys out number the girls by 15. How many girls are there in the class?**
2. **26**
3. **20**
4. **22**
5. **15**
6. **If 2=0, 3=3, 4=8, 5=15, then 8=?**
7. **32**
8. **40**
9. **48**
10. **64**

**HYGIENE & HEALTHCARE**

1. **Cleanliness of body is known as \_\_\_\_\_\_.**
2. **Bathing**
3. **Scrubbing**
4. **Personal Hygiene**
5. **None of the above**
6. **For better health which of the following is important**
7. **Bathing**
8. **Dental care**
9. **Care of hands**
10. **Care of eyes**
11. **All of the above**

**Answer KEYS**

|  |  |
| --- | --- |
| **Q #.** | **Right Choice** |
| **1** | **C** |
| **2** | **D** |
| **3** | **C** |
| **4** | **D** |
| **5** | **B** |
| **6** | **A** |
| **7** | **A** |
| **8** | **B** |
| **9** | **D** |
| **10** | **E** |
| **11** | **B** |
| **12** | **C** |
| **13** | **C** |
| **14** | **E** |